



# HORSES FOR HEROES



**A program offering equine assisted activities and therapies  
to military service veterans.**

## **PROGRAM GUIDLINES**

Winslow is offering equine assisted activities and therapies to military service veterans in the form of individual one-on-one and group therapeutic horseback riding. The program is also being offered to the children of service personnel killed in action.

## **EQUINE ASSISTED THERAPY**

Equine assisted therapy is a combination of therapeutic riding and traditional psychotherapy which takes into account a person's physical, mental, and emotional strengths and limitations. The program integrates current life issues with those that might arise during riding. Therapist and rider work together to achieve the rider's goals.

## **NO CHARGE TO SELECTED APPLICANTS**

If selected for the program, there is no charge to veterans or children for the Winslow Horses for Heroes program. This program is supported through donations and will continue to be offered while donations are available.

**If you are interested in seeing if you are a candidate for the program please contact  
Program Head Mike Luraschi at 845-986-7625.**

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