

PROGRAM GUIDLINES

Winslow is offering equine assisted activities and therapies to military service veterans in the form of individual one-on-one and group therapeutic horseback riding. The program is also being offered to the children of service personnel killed in action.

EQUINE ASSISTED THERAPY

Equine assisted therapy is a combination of therapeutic riding and traditional psychotherapy which takes into account a person's physical, mental, and emotional strengths and limitations. The program integrates current life issues with those that might arise during riding. Therapist and rider work together to achieve the rider's goals.

NO CHARGE TO SELECTED

APPLICANTS

If selected for the program, there is no charge to veterans or children for the Winslow Horses for Heroes program. This program is supported through donations and will continue to be offered while donations are available.

For more information
please call Winslow's
Horses for Heroes
Program Chairs
Mike and Betty Ann
Luraschi at
845-986-7625

ELIGIBILITY

Veterans who while serving on active duty in direct support of the Global War on Terrorism (GWOT), the Afghanistan War (OEF), or the Iraqi War (OIF) who are wounded or incur or aggravate an injury in the line of duty are eligible to apply.

Active Duty Veterans

All U.S. military personnel (Active Duty, National Guard, and Reserve Component) currently on Federal Active Duty orders and assigned to a Warrior Transition Unit (WTU) or a WTU equivalent.

National Guard and Reserve Component veterans released from Active Duty but still affiliated with the military

1. All U.S. National Guard and Reserve Component veterans released from active duty who were activated on Federal Active Duty orders in direct support of current ongoing GWOT, OIF, or OEF military operations and:

- a. are still assigned to the National Guard or Reserve Component and
- b. were previously assigned to a Warrior Transition Unit or a WTU equivalent.

2. By exception military veterans who were not previously assigned to a Warrior Transition Unit or a WTU equivalent and referred through one of the

Winslow accepted veteran referral organizations will be considered on a case-by-case basis.

Discharged Veterans

1. U.S. military personnel (Active Duty, National Guard, and Reserve Components) released from active duty back to the National Guard and Reserve Component or honorably discharged from the military service and was assigned to a Warrior Transition Unit or a WTU

equivalent.

2. By exception military veterans who were not previously assigned to a Warrior Transition Unit or a WTU equivalent and are referred through one of the Winslow accepted veteran referral organizations will be considered on a case-by-case basis.

Children

A child of the parent of a military service member killed in the line of duty in support of the GWOT, OEF, or OIF may also apply.

Winslow Therapeutic Riding Center

Winslow, founded in 1974, is a not for profit Hip-therapy and Therapeutic Riding Center devoted to the special needs population of Orange County, NY and the surrounding counties. Located on 100 acres of scenic land, Winslow's facility is a haven for horses and humans alike. Winslow is dedicated to students with many different disabilities and learning challenges, as well as those who just want to learn to ride and enrich their lives.

Winslow has been accredited by the North American Riding for the Handicapped Association (NARHA) as a premier Accredited Center.



We believe that every person, no matter what the challenge, can benefit from riding. Individuals who possess a desire to learn about horses and riding in a manner that is natural, relaxed, centered and in harmony with the horse and oneself are excellent candidates for therapeutic riding, no matter what their physical or mental capabilities may be.

Winslow is funded in part by:

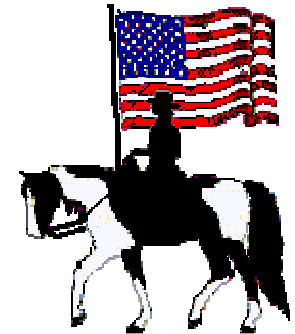
Orange County Youth Bureau



We accept personal checks and the following:



HORSES FOR HEROES



**A program offering
equine assisted activities
and therapies to military
service veterans.**

Winslow Therapeutic Riding Center

328 Route 17A

Warwick, NY 10990

845-986-6686

Fax: 845-988-5980

Web: www.Winslow.org

Email: info@winslow.org

Volunteer Opportunities:



"The ultimate expression of generosity is not in giving of what you have, but in giving of what you are." - Johnetta B. Cole

Imagine helping the people who had pledged their loyalty to this country by risking their lives to save yours. Watch them progress from war torn soldiers into happy, healthy civilians once again. Now imagine doing this in the company of horses! As a volunteer, you will become a vital part of program, working directly with the horses and riders. You will share in our riders' triumphs as they experience "the miracle in the movement" of therapeutic riding.

How can you help?

Volunteers must be 13 years of age or older. You should be in reasonably good health if you wish to work in the arena, as a fair amount of walking—and sometimes jogging alongside a trotting horse—is required.

Horse Leaders: Lead and maintain complete control of a horse during a therapy session.

Sidewalkers: help to support the riders, and assist the Therapist and/or Riding Instructor with the special needs of each rider.

Grooms: groom and tack up horses before classes; untack and cool them out after classes.

Special Events Volunteers: help organize and run special events and fundraisers for the Horses for Heroes program.

Grounds & Maintenance: groom trails, mow, weed and maintain fencing, arenas and outdoor shelters for outside programming.

Orientation & Training Requirements

All volunteers who wish to work in programming are required to attend one three hour orientation session and one three hour hands-on training session. You will be asked to arrive one half-hour before your assigned program to groom and tack the horses and to stay one half-hour after the program to help with the assessment of riders and horses.

Application

Individuals 13 years and older may volunteer by contacting (845) 986-6686 to sign up for training through the Volunteer Coordinator. Applications are required to be completed before your training is complete. The application includes a liability and photo release, emergency medical information and requires a character reference. Previous horses knowledge is appreciated but not required. We welcome you and look forward to a long and happy relationship!

Therapeutic Riding

Horseback riding is recognized as one of the more progressive forms of therapy.

Physical Benefits

- Improved balance, strengthened muscles
- Improved coordination, faster reflexes, and better motor skills
- Increased range of motion of the joints
- Improved respiration and circulation
- Sensory integration

Psychological Benefits

- General sense of well-being
- Improved self-confidence
- Increased interest in the outside world
- Increased interest in one's own life
- Improved risk-management abilities
- Development of patience
- Emotional control and self-discipline
- Expansion of the locus of control

Social Benefits

- Friendship
- Development of respect and love for animals
- Increased experiences
- Enjoyment

Educational Benefits

- Remedial Reading, Math, Science
- Improved listening skills, and focus
- Sequencing, patterning, motor planning
- Improved eye-hand coordination
- Visual/spatial perception
- Differentiation

If you are interested in helping support Winslow's Horses for Heroes with a monetary donation it will be greatly appreciated.

This program is conducted at no cost to Veterans.

Donations for the Program will go towards:

- financial assistance to the riders
- Care and purchase of bigger horses to support the veterans

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Phone: _____

Email: _____

I would like to support Winslow's Horses for Heroes program with a donation of

\$25___ \$50___ \$75___ \$100___ Other:\$___

Credit Card#: _____

Exp. Date: ___/___/___ Vin(3 digit on back)___

Please make checks payable to Winslow Therapeutic Center with Horses for Heroes in the Memo.

Thank you for supporting Winslow and the Horses for Heroes program!