

## PROGRAM GUIDLINES

Winslow is offering equine assisted activities and therapies to military service veterans in the form of individual one-on-one and group therapeutic horseback riding. The program is also being offered to the children of service personnel killed in action.

## EQUINE ASSISTED THERAPY

Equine assisted therapy is a combination of therapeutic riding and traditional psychotherapy which takes into account a person's physical, mental, and emotional strengths and limitations. The program integrates current life issues with those that might arise during riding. Therapist and rider work together to achieve the rider's goals.

## NO CHARGE TO SELECTED APPLICANTS

If selected for the program, there is no charge to veterans or children for the Winslow Horses for Heroes program. This program is supported through donations and will continue to be offered while donations are available.

## ELIGIBILITY

Veterans who while serving on active duty in direct support of the Global War on Terrorism (GWOT), the Afghanistan War (OEF), or the Iraqi War (OIF) who are wounded or incur or aggravate an injury in the line of duty are eligible to apply.

### Active Duty Veterans

All U.S. military personnel (Active Duty, National Guard, and Reserve Component) currently on Federal Active Duty orders and assigned to a Warrior Transition Unit (WTU) or a WTU equivalent.

### National Guard and Reserve Component veterans released from Active Duty but still affiliated with the military

1. All U.S. National Guard and Reserve Component veterans released from active duty who were activated on Federal Active Duty orders in direct support of current ongoing GWOT, OIF, or OEF military operations and:

- are still assigned to the National Guard or Reserve Component and
- were previously assigned to a Warrior Transition Unit or a WTU equivalent.

2. By exception military veterans who were not previously assigned to a Warrior Transition Unit or a WTU equivalent and referred through one of the Winslow accepted veteran referral organizations will be considered on a case-by-case basis.

### Discharged Veterans

1. U.S. military personnel (Active Duty, National Guard, and Reserve Components) released from active duty back to the National Guard and Reserve Component or honorably discharged from the military service and was assigned to a Warrior Transition Unit or a WTU equivalent.

2. By exception military veterans who were not previously assigned to a Warrior Transition Unit or a WTU equivalent and are referred through one of the Winslow accepted veteran referral organizations will be considered on a case-by-case basis.

### Children

A child of the parent of a military service member killed in the line of duty in support of the GWOT, OEF, or OIF may also apply.

## Winslow Therapeutic Riding Center

Winslow, founded in 1974, is a not for profit Hippotherapy and Therapeutic Riding Center devoted to the special needs population of Orange County, NY and the surrounding counties. Located on 100 acres of scenic land, Winslow's facility is a haven for horses and humans alike. Winslow is dedicated to students with many different disabilities and learning challenges, as well as those who just want to learn to ride and enrich their lives.

Winslow has been accredited by the North American Riding for the Handicapped Association (NARHA) as a premier Accredited Center.



***We believe that every person, no matter what the challenge, can benefit from riding. Individuals who possess a desire to learn about horses and riding in a manner that is natural, relaxed, centered and in harmony with the horse and oneself are excellent candidates for therapeutic riding, no matter what their physical or mental capabilities may be.***

Winslow is funded in part by:

Orange County Youth Bureau  
& Orange County Office.

of Children & Family Services



We accept personal checks and the following:



# HORSES FOR HEROES



**A program offering equine assisted activities and therapies to military service veterans.**

Winslow Therapeutic Riding Center  
1433 State Rte. 17A, Warwick, NY 10990  
Phone: 845-986-6686 Fax: 845-988-5980

Web: [www.winslow.org](http://www.winslow.org)  
Email: [info@winslow.org](mailto:info@winslow.org)

**For more information please call**

**Winslow Therapeutic Center**

**845.986.6686**

# Horses For Heros



*"The ultimate expression of generosity is not in giving of what you have, but in giving of what you are." - Johnetta B. Cole*

**Imagine helping the people who had pledged their loyalty to this country by risking their lives to save yours. Watch them progress from war torn soldiers into happy, healthy civilians once again. Now imagine doing this in the company of horses! As a volunteer, you will become a vital part of program, working directly with the horses and riders. You will share in our riders' triumphs as they experience "the miracle in the movement" of therapeutic riding.**

**Winslow Therapeutic Riding Unlimited, Inc.** is always looking for new ways to help and assist those in the community. LTC Michael D. Luraschi (Ret.), a member of Winslow's Board of Directors, would like to announce a new program that would benefit those who are serving our country. If you are a veteran, or know of a veteran from any military operation since 9-11, Winslow's Horses for Heroes is a recreational and therapeutic program that is available at no cost. This program is supported through donations and will continue to be offered while donations are available.

Horses for Heroes is a national program available throughout the United States to veterans discharged from the military or those that are still on active duty. Winslow's program is supported entirely through donations from local veterans, businesses, organizations and private citizens. There is no charge to participants selected for the program.

For over thirty-five years, Winslow has provided individual and small group programs for men, women and children with personal challenges or needs that require recreation. Whether it is: Post Traumatic Stress Disorder, Traumatic Brain Injury or any other military service connected condition, an individual horseback riding program is a great way of helping you expand your horizons while having fun. You do not need any previous experience with horses.

## Therapeutic Riding

*Horseback riding is recognized as one of the more progressive forms of therapy.*

### Physical Benefits

- Improved balance, strengthened muscles
- Improved coordination, faster reflexes, and better motor skills
- Increased range of motion of the joints
- Improved respiration and circulation
- Sensory integration

### Psychological Benefits

- General sense of well-being
- Improved self-confidence
- Increased interest in the outside world
- Increased interest in one's own life
- Improved risk-management abilities
- Development of patience
- Emotional control and self-discipline
- Expansion of the locus of control

### Social Benefits

- Friendship
- Development of respect and love for animals
- Increased experiences
- Enjoyment

### Educational Benefits

- Remedial Reading, Math, Science
- Improved listening skills, and focus
- Sequencing, patterning, motor planning
- Improved eye-hand coordination
- Visual/spatial perception
- Differentiation

**If you are interested in helping support Winslow's Horses for Heroes with a monetary donation it will be greatly appreciated.**

**This program is conducted at no cost to Veterans.**

**Donations for the Program will go towards:**

- financial assistance to the riders
- Care and purchase of bigger horses to support the veterans

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**I would like to support Winslow's Horses for Heroes program with a donation of**

\$25 \_\_\_ \$50 \_\_\_ \$75 \_\_\_ \$100 \_\_\_ Other: \$ \_\_\_

Credit Card#: \_\_\_\_\_

Exp. Date: \_\_\_/\_\_\_/\_\_\_ Vin(3 digit on back) \_\_\_

*Please make checks payable to:*

*Winslow Therapeutic Center with*

*Horses for Heroes in the Memo.*

*Thank you for supporting Winslow and the Horses for Heroes program!*