



Winslow
Therapeutic Riding Center

A CLC Foundation Agency

"Healing with Horses"

Since 1974

1433 State Route 17A

Warwick, NY 10990

Phone: (845) 986-6686

Fax: (845) 988-5980

www.winslow.org



Amazon Smile:

CLC Foundation / Winslow Therapeutic Riding

PREPARE FOR YOUR VISIT

Welcome New Equestrians

We are so excited that you have decided to join us and start or continue your horsemanship journey. Please use the following checklist to prepare for your first lesson!

- ◇ Application submitted
- ◇ Physician Form submitted
- ◇ COVID Safety Plan signed and submitted
- ◇ Closed-toe shoes on your feet!
- ◇ Recommended SEI-ASTM helmet purchased!
- ◇ Face mask ready to wear!

IMPORTANT REMINDERS

- Please **enter the facility no more than 5 minutes prior to your lesson time** to make payment and review any paperwork.
- Payment is required at time of lesson. Checks are preferred, however we accept cash and credit cards also.
- Photography and video recording are not permitted without the approval of the instructor. **NO FLASH PHOTOGRAPHY.**
- Please silence cell phones when in the arena, and be calm and quiet when viewing lessons—loud, unexpected noises can scare horses and also disrupt lessons.

SCAN to Join our Mailing List!



Ways to Support our Cause!

- *Volunteer! We could not perform the work we do without amazing volunteers.
- *Supply and tack donations are always welcomed.
- *Equine donations are accepted after passing evaluation.
- *Various sponsorship opportunities are also available.
- *Attend one of our fantastic fundraising events!
- *In-kind donations are always welcomed and appreciated.
- *Amazon Smile



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Winslow was founded in 1974 and is a 501(c)(3) non-profit. Our center promotes and offers equine-assisted services for individuals with disabilities through the tremendous support of staff and volunteers.

In 2014, Winslow gained new strength by merging with the Community Living Corporation (CLC) Foundation, allowing us to expand the services we offer. This merger has provided us with an opportunity to help even more individuals with physical, cognitive, and emotional challenges, to find their strength and independence through the power of the horse.

Benefits of Adaptive Riding and Hippotherapy

Physical Benefits:

- Improved balance, strengthened muscles
- Improved coordination, reflex responses, and motor skills
- Increased range of motion
- Improved respiration and circulation
- Increased sensory tolerance

Psychological Benefits:

- General sense of well-being
- Improved self-confidence
- Increased interest in the outside world
- Increased interest in one's own life
- Emotional control and self-discipline
- Improved social skills and interactions

Social Benefits:

- Learn to develop and maintain friendships
- Development of respect and love for animals
- Increased social interactions

Educational Benefits:

- Improved listening skills and focus
- Sequencing, patterning, and motor planning
- Improved hand-eye coordination
- Improved visual and spatial perception



Programs Offered

- **Adaptive Riding Lessons**
- **Traditional Riding Lessons**
- **Unmounted Equine-assisted Lessons**
- **Hippotherapy**
- **Adult Day Program:** designed for adults with disabilities; program includes development of daily living activities, leisure, activities, farm experiences, additional therapeutic activities, and riding lessons. Mon-Fri, open enrollment.
- **Day at the Barn:** offered during school breaks and holidays only.
- **Visiting Classrooms:** offered to schools to bring special education classrooms for educational session and riding lesson once per week, for up to 10 weeks.
- **Summer Adventures:** offered to ages 6-12; includes crafts, activities, riding lessons, & more.
- **Winslow's Youth Leadership Academy:** offered to ages 13-15. Includes riding lesson and unmounted activities, and leadership and team-building development skills.
- **Saddle Club:** offered to ages 13-15. Includes riding lesson and unmounted activities.
- **Tiny Trotters:** Tots will learn to groom a horse, make treats for them, and will have the chance to ride with their accompanying adult as their horse handler. Adults will be empowered through unmounted horsemanship skills, learning how to groom, handle, and lead horses to take their tot on the most memorable ride of their life!